

Year 6 Residential Information Meeting



LACHES WOOD OUTDOOR CENTRE
OUTSIDE LEARNING FROM OFF THE BEATEN TRACK



Laches Wood

Monday 28th April- Friday 2nd May



Laches Wood
Outdoor Education Centre
Slade Heath
Wolverhampton
WV10 7PA



5 Day Explore and Inspire



SEARCH & RESCUE



ARCHERY AREA



HIGH ROPES



BMXING



CLIMBING WALL



DORMITORIES



ORIENTEERING

Staff

Day and Night

- Mrs Mander
- Miss Berry
- Mrs Langston (Mon-Thurs)
- Mrs Peters (Fri)
- Mrs Moorhouse (Mon & Tues)
- Mr Ferguson (Wed-Fri)
- Mrs Fuller/Mr Garner
- Miss Ashton
- Qualified Laches Wood instructors for each activity.
- Laches Wood Duty Manager (who stays on site throughout the night).

Day

- Mrs Clark
- Miss Jukes
- Mrs Baker

Accommodation



- There are lots of different dormitory blocks at Laches Wood.
- Boys and girls will be housed in separate dormitory blocks. The numbers in each dormitory vary in size (no more than 8).

Accommodation



- Within the blocks are individual staff dormitories and a staff room.
- Part of their settling in will be to ensure they are clear of their closest member of staff to call upon if they need to.

Accommodation



- The rooms are organised with bunk beds.
- The children will also have a designated washroom with shower/toilet facilities.
- As mentioned in the kit list, they will need:
 - Single duvet cover
 - Pillowcase
 - Fitted sheet
- They will be expected to 'make up' their own beds on arrival.
- The children are not permitted in their dormitories during 'free time'.

Weekly Programme

- Children will be completing their activities in their designated squad.
 - Throughout the week they will work together as a team and experience lots of challenges.
 - They will also have a 'duty' to complete each day.
 - Team competition!
- Caving
 - Biking
 - Climbing
 - Rock Room
 - Archery
 - Axe Throwing
 - Bush Craft
 - High Ropes
 - Search and Rescue
 - Day Expedition- walk and sailing/kayaking at Gailey Reservoir

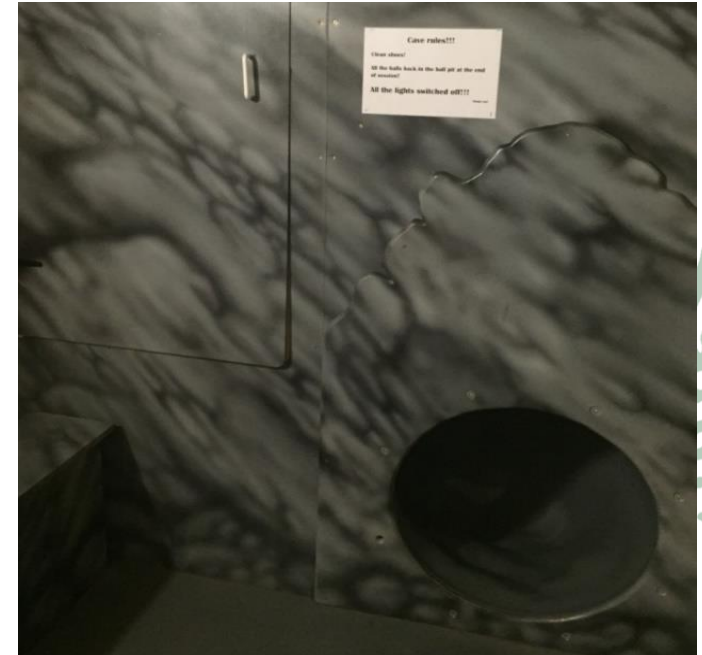
Weekly Programme

		A+B	C+D	E+F	G+H	I+J
Monday	Morning 10:30am – 12.30	10:30am - Arrive and introductions Settle into the centre				
	Afternoon 1.45pm – 5pm	Caving Biking	Biking Caving	Search & Rescue	Archery Axe Throwing	Archery Axe Throwing
	Evening 7pm – 8pm	Global Domination				
Tuesday	Morning 9.30am – 12.30	Gailey water	Gailey water	Gailey water	Biking Caving	Caving Biking
	Afternoon 1.45pm – 5pm				Bushcraft	Bushcraft
	Evening 7pm – 8pm	Emoji Madness				
Wednesday	Morning 9.30am – 12.30	Search & Rescue	Search & Rescue	Climbing Rock Room	Gailey water	Gailey water
	Afternoon 1.45pm – 5pm	Archery Axe Throwing	Archery Axe Throwing	Axe Throwing Archery		
	Evening 7pm – 8pm	Scavenger Hunt				
Thursday	Morning 9.30am – 12.30	High Ropes	High Ropes	High Ropes	Climbing Rock Room	Rock Room Climbing
	Afternoon 1.45pm – 5pm	Climbing Rock Room	Rock Room Climbing	Bushcraft	High Ropes	High Ropes
	Evening 7pm – 8pm	Camp Fire				
Friday	Morning 9.30am – 12.30	Bushcraft	Bushcraft	Caving Biking	Search & Rescue	Search & Rescue
	Afternoon	Depart – 1:30pm				

Climbing, Rock Room and High Ropes



Biking, Caving, Archery and Axe Throwing



Recommended to wear a long-sleeved t-shirt for archery.

Search & Rescue and Bushcraft



Outdoor shoes must be suitable for activities in the woods.



Day Visit to Gailey





A Typical Day

7.30am-8am	Wake up and get ready
8.30am-9am	Breakfast
10.30am – 12.30pm	Morning Activity
12.30pm – 1.30pm	Lunch (packed lunch) Free time and time to get ready for afternoon activity.
1.45pm- 5pm	Afternoon Activity
5pm-6pm	Dinner
6-7pm	Free time
7pm-8pm	Evening Activity
8.30pm	Hot chocolate + biscuit
9-9.30pm	Getting settled and ready for bed



Food at Laches Wood

Outdoor Education Menu

 **edwards and ward**
a recipe for success

<i>Breakfast</i>	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops	Bacon & Egg with Hash Brown & Beans	Sausage with Potato Waffle & Spaghetti Hoops
	ALSO AVAILABLE: Fresh Fruit, Yoghurt, Cereals, Toast, Crumpets & Pancakes with Butter, Marmalade & Jam. Tea, Milk & Fruit Juice			

Lunch: Choice of Sandwiches, Crisps, Fresh Fruit, Cookie & Cold Drink

<i>Dinner</i>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
	Pork or Veggie Sausages with Mash, Yorkie & Gravy	Classic Beef Burger or Veggie Burger with Potato Wedges	Chicken or Veggie Korma with Pilau Rice	Margherita Pizza with Fries & Beans
	Mac & Cheese with BBQ Chicken or BBQ Veg Topper	Chicken Nuggets with Potato Wedges	Fish Fingers with Chips	Spaghetti & Meatballs in Tomato Sauce with Garlic Bread
	<i>Veg of the Day</i>			
Iced Sponge & Custard	Chocolate Mousse	Chocolate Shortbread & Custard	Ice Cream	

Jacket Potatoes or Classic Tomato Pasta

Supper
Hot chocolate and biscuits

A salad bar, fresh fruit, jelly & mousse will be available daily.

A packed lunch will be required for Monday. Please pack this in a backpack so it is easily accessible for when we arrive.

Please inform any of the Year 6 team after tonight's meeting if your child has any food allergies or intolerances.

Kit List

Equipment List for Visits to Entrust Outdoor Education Centres

entrust
Inspiring Futures

The checklist below has been compiled to help you prepare and pack for your visit. It is not necessary to go out and buy lots of new and expensive items for the visit as you are likely to get wet and mucky at times. Old but comfortable clothes are great! Please avoid jeans for activity wear as once they are wet, they become very uncomfortable and you will get cold easily.

Entrust Outdoors will provide all specialist and safety equipment required for the activities, including waterproofs and rucksacks for walking activities.

Please label all your clothes, packing your bag with the help of an adult if required. Tick off the checklist and bring it along to the centre with you, which may help when re-packing before your return home. You may have to help put your bag on the coach and carry it to your accommodation so make sure you can manage it all.

Accommodation

Dormitory

Single duvet cover, single sheet and two pillowcases.
(Entrust will provide a duvet and two pillows)

Camping

Sleeping bag, pillow with pillowcase
Entrust will supply sleeping mats)

Kit List

Item	Number	Packed at Home
<i>(Example) T Shirts</i>	4	✓
Underwear		
Socks, including warm, full length long socks for walking		
T-shirts		
Trousers/tracksuit bottoms and shorts		
Warm jumpers		
Outdoor trainers x 2 pairs		
Walking boots (if you have them)		
Indoor footwear e.g. slippers or sliders		
Wellingtons		
Waterproof and warm outdoor coat		
Nightwear		
Hat, gloves, scarf		
Sun hat, sunglasses, sun cream		
Wash kit		
Towel		
Water bottle – 1 litre, leak proof is good		
Torch		
Packed Lunch for first day of the visit		

Medical and Consent Form

Please complete and return by **Friday 11th April** (last Friday before Easter break)

You must inform Five Ways' staff on Monday 28th April (Monday we travel) if any information has changed over the two-week break.

LACHES WOOD MEDICAL INFORMATION & CONSENT FORM

For all participants under 18, this form should be completed by a parent, guardian, or those with parental responsibility.

It should not be completed more than 14 days prior to the visit to ensure the information is as current as possible.

Name Of Participant	Date Of Birth	School/Establishment
Participant's Address:		Home telephone Number
Parent/Guardian/Contact Name(s)	Relationship to participant	Contact numbers:
		Home:
		Work:

Medication

Your child's medication should be:

- Clearly labelled with their name and dosage.
- There will be a medication 'drop off point' set up on Monday 28th April and it can be collected from Five Ways staff on our return.
- Additional medical and consent forms will be available at the 'drop off point' should you need to update any information following the Easter break.

Monday 28th April- Off We Go!

Medication 'drop off' desk set up outside front of school for those with medication from 8.30am onwards.

Cases placed underneath the canopy, outside the main KS1 building ready to be loaded on to the coaches. If you are able to wait to wave goodbye to your child, please keep the case with you until the coach arrives.

Your child should go to their normal classroom for registration at the normal time.

Coaches due approx. 9.30am.

Friday 2nd May- Our Return!

Usual morning routine at Laches Wood- including breakfast, an activity and lunch.

Bags will be packed in the morning and removed from dorms. Full dorm inspections take place by Laches Wood staff.

We aim to leave the centre at around 2pm, to return to school around 2:30-2:45pm. A text message will be sent once we leave Laches Wood.

Bags can be collected from the carpark. The children will be waiting in the KS1 hall to be collected.

Important Information

- Recommend bringing a rucksack – please bring a packed lunch for lunch on the first day.
- **Please do not bring mobile phones or cameras.**
- No electronics including hair straighteners or hairdryers please.
- Pocket money for Laches Wood souvenirs. No more than £10 is suggested (in change please). Children are responsible for their own money.
- Children are welcome to bring: a book, magazine, pack of cards, drawing books, pens/pencils.
- Recommended to bring a packet of biscuits which will be placed in your team's tuck box. No items containing nuts and no snacks are allowed in the dormitory.



Frequently Asked Questions



- What if my child is nervous about sleeping away from home?
- What if my child is nervous about doing any of the activities?
- What if my child will only eat certain foods?



Please speak to a member of staff after the meeting regarding any specific needs or concerns.



Thank You

The image features the words "Thank You" in a bubbly, cursive font. The letters are filled with a light beige color and have a thick brown outline. Each letter is decorated with horizontal stripes in blue and orange, giving it a festive, patriotic appearance. The text is surrounded by seven small, five-pointed stars with a light beige fill and a brown outline. The background is white and is decorated with various stylized foliage elements in shades of green and brown, including ferns, monstera leaves, and simple leafy branches.