Week 2

Five Ways Menu

Tuesday

Monday

Cottage Pie & Crusty Bread Served with seasonal vegetables

Cauliflower, Potato & Lentil Korma Served with wholegrain rice & naan bread Gluten & dairy Free available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

Pasta with Italian beef meatballs
. Served with garlic bread and seasonal vegetables
Dairy Free, Gluten Free Option Available

Vegetarian Stir-fry
Served with noodles and seasonal vegetables

Dairy Free

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Wednesday

Chicken Burger in high fiber bun
Served with potato wedges, seasonal vegetables or baked beans
dairy free and gluten option free available

Vegetable Burritos Served with potato wedges, seasonal vegetable or baked beans

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day



Thursday

Pork Sausage Rolls Served with potato footballs, baked beans or seasonal vegetables

Margarita Pizza
served with potato footballs, sweetcorn or baked beans
Gluten Free & Dairy Free Option Available

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

DAILY

Bread Basket, Fresh Salad Selection of lighter Desserts -Jelly, Fresh Fruit Pots & Yoghurts GF & DF Options available



Harry Ramsdens Fish Fillet Served with chips, baked beans or peas Dairy Free, GF Alternative Available

> Macaroni Cheese Served with garlic bread

Jacket Potatoes and Fillings or Freshly Made Sandwiches

Dessert of the Day

